

## **8<sup>th</sup> Annual FLEX Activity Day - NMP**

**January 23, 2023**

**1:00-5:00pm**

***Location: UNBC, NHSC Rm 9-200***

### **Keynote Speaker (1:00-1:50pm) – Dr. Katarina Wind**

Dr. Katarina Wind is a Health at Every Size / Weight-Inclusive Care family physician and clinical instructor in Vancouver. She developed Canada's first curriculum in Weight-Inclusive Care for medical students; teaching them how to practice with an evidence-based, social justice-informed approach to body weight. She serves on the advisory board for the American Medical Students for Size Inclusivity and is currently supporting UBC students in creating their own club and podcast. Her clinical practice includes full service primary care, hospitalist, and rural medicine. To learn more, you can check out her latest publication at:

<https://thischangedmypractice.com/why-i-no-longer-prescribe-weight-loss/>

Contact: [katarina.e.wind@gmail.com](mailto:katarina.e.wind@gmail.com)



## **Supervisor Presentations (2:00-2:37pm)**

Katriona Auerbach (on behalf of Dr. Sarah de Leeuw)

Project: *First Nations Community Education Program*

Contacts: [Sarah.deLeeuw@unbc.ca](mailto:Sarah.deLeeuw@unbc.ca)

[Katriona.Auerbach@unbc.ca](mailto:Katriona.Auerbach@unbc.ca)

Dr. Sean Maurice

Project: *Healthcare Traveling Road Show*

Contact: [sean.maurice@unbc.ca](mailto:sean.maurice@unbc.ca)

Laura Parmar

Project: *Physician Quality Improvement Program*

Contact: [laura.parmar@northernhealth.ca](mailto:laura.parmar@northernhealth.ca)

Dr. Taru Manyanga

Project: *Patient and Healthcare Provider Generated Research Priorities for Lifestyle Changes in British Columbians Living with Complex Chronic Diseases in Northern, Rural, and Remote Communities*

Contact: [Taru.Manyanga@unbc.ca](mailto:Taru.Manyanga@unbc.ca)

Dr. Alina Constantin

Project: *Arts and Medicine – Medical Arts and Dissection*

Contact: [Alina.Constantin@unbc.ca](mailto:Alina.Constantin@unbc.ca)

## **Student Presentations (2:40-3:50pm)**

Bailey Henschke

Project: *Printing the Arts of Care: Using Fine Arts to Explore Humility*

Contact: [henb14@student.ubc.ca](mailto:henb14@student.ubc.ca)

Mattias Wels-Lopez

Project: *ER Quality Improvement*

Contact: [mattias1@student.ubc.ca](mailto:mattias1@student.ubc.ca)

Sam Reeves

Project: *Combatting Medical Misinformation: Using Digital Health Technology for Public Education*

Contact: [srreeves@student.ubc.ca](mailto:srreeves@student.ubc.ca)

Jenna Burke

Project: *Reflections on Boundary-Crossing: Insights from the ECHO Network*

Contact: [jburke05@student.ubc.ca](mailto:jburke05@student.ubc.ca)

Michaela Kelly

Project: *Qualitative Research on Medical Assistance in Dying*

Contact: [mkelly2@student.ubc.ca](mailto:mkelly2@student.ubc.ca)

Linden Lechner

Project: *Population-based Phase II trial of stereotactic ablative radiotherapy (SABR) for up to 5 oligometastases: SABR-5*

Contact: [llechner@student.ubc.ca](mailto:llechner@student.ubc.ca)

Carmen Huang

Project: *Cleft Palate Pathway*

Contact: [cckhuang@student.ubc.ca](mailto:cckhuang@student.ubc.ca)

Arlo Johnson

Project: *Exercise Curriculum Review*

Contact: [arloj@student.ubc.ca](mailto:arloj@student.ubc.ca)

Kelsey Stefanyk

Project: *UBC-MSF Essential Surgical Skills Curriculum Development*

Contact: [kns@student.ubc.ca](mailto:kns@student.ubc.ca)

Chelsea Termuende

Projects: *1. Indigenous Public Health Winter Intensive; FNCEP*

*2. Comparison of UBC MD Admissions Indigenous Pathway, Commitments, Progress, & Gaps to other MD Programs*

Contact: [tchels@student.ubc.ca](mailto:tchels@student.ubc.ca)

Johanna Fee

Project: *Internal Medicine Quality Improvement – Updating Ordering Sets*

Contact: [feejo@student.ubc.ca](mailto:feejo@student.ubc.ca)

Ashling O'Neill

Project: *Internal Medicine QI: Transition Care Bundles for Patients with COPD*

Contact: [oneilla@student.ubc.ca](mailto:oneilla@student.ubc.ca)

Alastair Mclellan

Project: *Youth Access and Barriers to Physical Activity in the Upper Skeena*

Contact: [alamc08@student.ubc.ca](mailto:alamc08@student.ubc.ca)

Heidi Barkman & Kevala Van Volkenburg

Project: *Introduction to Weight Inclusive Care*

Contacts: [hbarkman@student.ubc.ca](mailto:hbarkman@student.ubc.ca)

[kevalav@student.ubc.ca](mailto:kevalav@student.ubc.ca)

### **Accessing Library Resources (3:50pm)**

Dr. Trina Fyfe, Health Sciences Librarian

Contact: [trina.fyfe@unbc.ca](mailto:trina.fyfe@unbc.ca)

### **Closing Remarks & Final Prize Draw (3:55pm)**

Dr. Richard Lazenby, NMP Site Director for Flexible Enhanced Learning

Contact: [Richard.Lazenby@unbc.ca](mailto:Richard.Lazenby@unbc.ca)

### **Faculty & Student Mingle (4:00-5:00pm) [with catered food in the Atrium]**

A special shout out to the Division of Medical Sciences for providing the food!

*On behalf of the FLEX team, we want to thank all of our presenters and everyone behind the scenes who were involved in helping to make this event a success! An additional thanks to the offices of the Vice-Dean Education (Dr. Roger Wong) and Vice-Dean Research (Dr. Robert McMaster) for providing funds to support FLEX Activity Day scholarship and networking.*

*-Heidi & Ashling (Your Year 2 FLEX Reps)*