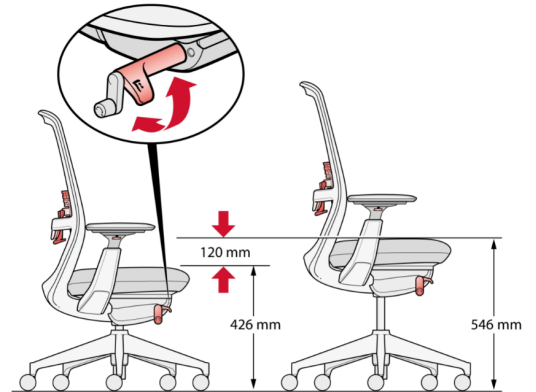


## 1 Seat Height Adjustment

Pneumatic height adjustment is used to adjust the seat to fit different user heights. (1) Pull the lever up and lift the body out of the chair to raise the seat. (2) To lower the seat, remain seated and pull the lever up.

Seat height adjusts 120 mm from 426 mm to 546mm on models with aluminum base.



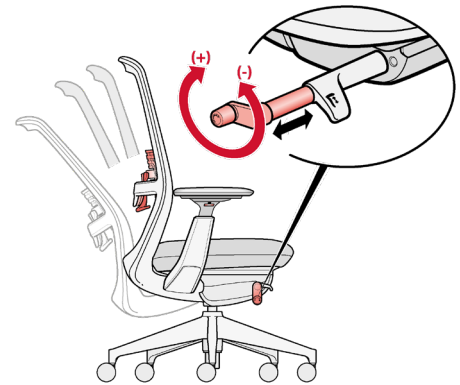
## 2 Back Tension Adjustment

Regulates the amount of resistance felt when leaning back in the chair and the effort required to recline the chair backwards.

(1) Turn the crank forward (clockwise) to tighten the tension and backward (counter-clockwise) to loosen the tension.

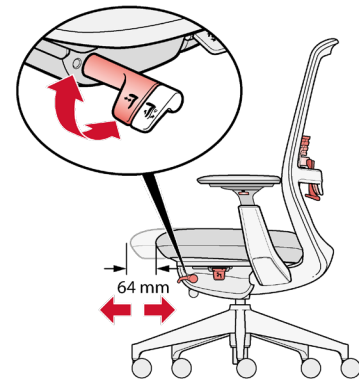
Once the tension has reached its maximum in either direction, do not force the crank further.

The crank can be pulled outward for easier operation; please push the crank back inward after operation.



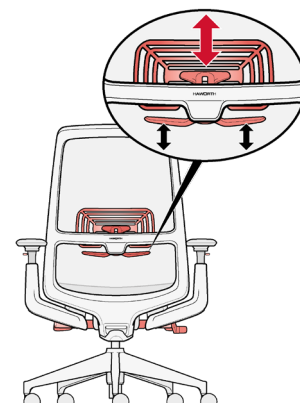
## 3 Seat Depth Adjustment (optional)

Seat depth adjustment moves the seat pan to accommodate different leg lengths. (1) Pull up the lever and slide seat forward to lengthen, or backward to shorten.



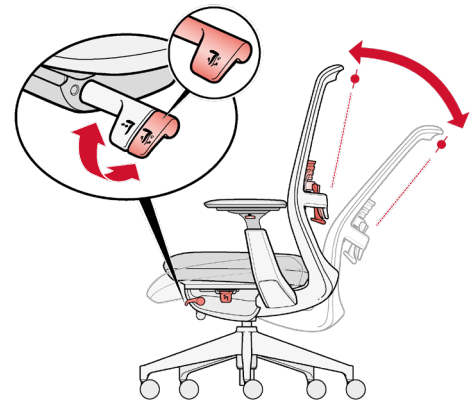
## 4 Lumbar Support Adjustment (optional)

Lumbar height adjustment allows the user to position the lumbar pad in the lumbar curve (89 mm height adjustment). (1) Pull up on the handles to raise the lumbar pad; push down to lower it.



## 5 Back Lock

Back lock allows users to lock the back of chair at upright position for task application. (1) Pull up on the lever to activate back lock. (2) Push down on the lever to release.



## 6 Forward Tilt (optional)

Forward tilt allows users to sit forward in the chair during task-intensive work. (1) Pull up on lever and lean forward, then release lever to activate. (2) Pull up on lever and sit back to release forward tilt.



## 7 Arms adjustments (optional)

(1) Armrest Height supports the musculature of the neck and shoulders when it's set properly. Pull up on lever and slide the armrest up or down as needed.

(2) Armrest Front to Back lets you get close enough to a work-surface to perform tasks. Grasp the armrest cap and move it forward or backwards as needed.

(3) Armrest Side to Side helps you move the armrest closer to or further away from body in order to align with shoulder width. Grasp the armrest cap and move it closer to body or further away as needed.

(4) Armrest Pivot gives you additional flexibility to position the armrests for the task you're performing while still providing proper forearm support. Grasp the armrest cap and rotate the front of the armrest towards or away from your body as needed.

